

Brainerd Baptist School

Concussion and Head Injury Protocol

Purpose and Scope

A concussion is a traumatic brain injury (TBI) caused by a direct or indirect impact to the head that results in disruption of normal brain function, which may or may not result in loss of consciousness. It can occur from a fall; a bump, blow, or jolt to the head; a blow to the body that causes the head and brain to move quickly back and forth; or a penetrating head injury that disrupts the normal function of the brain. It can range from “mild” to “severe”.

Symptoms may appear right away or delayed for days or months after injury, or until the person starts resuming their everyday life and more demands are placed upon them. Symptoms may go unrecognized, their impact on daily activities may be misunderstood, and some may not even admit that they are having problems. Brainerd Baptist School seeks to provide a safe return to activity and academics for all students after injury, especially after a concussion. Procedures have been developed to assist in identifying and treating concussion upon injury at school, making appropriate medical referrals, and ensuring follow-up health care, academic assistance, and accommodations during the school day.

Parents

- Will provide information related to any head injury or concussion the student may have incurred during the past year.
- Of athletes will review and complete the Student-athlete & Parent/Legal Guardian Concussion Statement and return the form to the school nurse prior to participation in a school sponsored athletic event. https://www.tn.gov/content/dam/tn/health/documents/CONC_parent_athlete_sign.pdf
- Will provide a return-to-school plan from their child's provider if a head concussion is sustained.

Faculty

- Will receive general information regarding concussion and brain injury and return-to-learn concerns annually.
- Will receive annual education on the signs and symptoms of a concussion.
- Will remove any student that exhibits signs, symptoms and behaviors consistent with a concussion from active play.
- Will familiarize themselves with the signs to look for when a student returns to school post concussion
- Will notify the parent/guardian in a timely manner if a child sustains a head injury while under their care
- Will complete and submit the student accident report
- When the school nurse is not available, faculty may utilize the concussion signs and symptoms checklist to monitor a student who has experienced a concussion. www.cdc.gov/concussion.

School Nurse

- When available, will assess any student who experiences a head injury at school.
- Will utilize the concussion signs and symptoms checklist to monitor a student who has experienced a concussion. www.cdc.gov/concussion.

Coaches

- Will receive annual training in the recognition of concussions/head injuries.
- Will assure that each student athlete has reviewed and completed the Student-athlete & Parent/Legal Guardian Concussion Statement form prior to participation in the sport.
- Will pull from play any athlete that exhibits signs or symptoms of a concussion.
- Will not permit an athlete to return to play prior to the athlete being evaluated by a healthcare provider and receiving written clearance from that provider.

References/Resources

<http://tn.gov/health/article/tbi-concussion>

<https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi/tennessee-concussion.html>

www.cdc.gov/concussion

www.nfhslearn.com